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THE COMMONWEALTH OF MASSACHUSETTS
DEPARTMENT OF MENTAL HEALTH

ANNUAL REPORT
OF THE
TRUSTEES
OF THE
WRENTHAM STATE SCHOOL
FOR THE
PERIOD
JULY 1, 1969 TO JUNE 30, 1970

WRENTHAM STATE SCHOOL
BOARD OF TRUSTEES

John F. Sheehan, Chairman, Wrentham
Margaret E. Delaney, Secretary, Newton Centre
Joseph G. Cortes, Caryville
Ruth A. Holman, Walpole
Edward A. Koval, Norwood
John E. McCarthy, Walpole
Inez M. Pini, North Attleboro
Patricia A. Capron, Foxboro

OFFICERS FOR 1969 - 1970

Edward Meshorer, M.D., Superintendent
Robert K. Gordon, M.D., Director of Clinical Psychiatry
Karoly J. Kun, M.D., Director of Clinical Psychiatry
Robert H. Trivus, M.D., Director of Clinical Psychiatry (resigned 11/29/69)
Virginia M. Monedjikova, M.D., Director of Clinical Psychiatry (appointed 3/15/70)
Spencer E. Levin, M.D., Chief Physician
Nabid Basta, M.D., Senior Physician (resigned 7/5/69)
Wilhelmina C. Bennett, M.D., Senior Physician
Salomon Benzakein, M.D., Senior Physician
Syed A. Hosain, M.D., Senior Physician (appointed 5/24/70)
Edwin Lopes, M.D., Senior Physician
Maria Lopes, M.D., Senior Physician
John J. Mulligan, M.D., Senior Physician
Gabriel J. Rubin, M.D., Senior Physician (appointed 7/13/69)
Dorothy R. Wood, M.D., Senior Physician
Nina B. Nizetic, M.D., Staff Psychiatrist (appointed 6/29/69)
Nerses Zanazanian, M.D., Staff Psychiatrist
Albert Y.C. Moghrabi, M.D., Assistant Physician (appointed 12/28/69)
Jacob Rosenberg, D.D.S., Dentist
Joseph A. Wardner, D.D.S., Dentist
Samuel J. Carchidi, Steward
Helena R. Biggane, State Hospital Administrative Assistant
Marian U. Batchelder, Treasurer
Walter A. White, Assistant Superintendent for Social Development, Education and Training (appointed 12/14/69)
John J. O'Donnell, Principal of Institution School
William H. Cummings, R.N., Director of Nursing
Luella Hennessey, R.N., Community Mental Health Nursing Advisor
William F. Carr, Pharmacist
Madeleine B. Harris, Head Psychiatric Social Worker
Esther R. Taube, Head Occupational Therapist
Clarence M. Blaisdell, Head Industrial Therapist
Hugh Marshall, Rehabilitation Counselor
Arthur C. Barnes, X-ray Technician
Arthur J. Soucy, Chief Power Plant Engineer
Raymond Dempsey, Maintenance Foreman
George Kennedy, Head Farmer
Josephine Jefferson, Dietitian
Jessie B. Negus, Head Housekeeper
Etta Coyle, Head Launderer
Pasquale Rossacci, Director of Volunteer Services

CONSULTANTS

Adolph Bender, D.S.C., Podiatrist
Gabor Czoniczer, M.D., Cardiologist
Carl A. Harris, M.D., Internist
William R. Hill, M.D., Dermatologist
Charles Kent, M.D., Otolaryngologist'
Charles J. E. Kickham, M.D., Surgeon
James Marron, M.D., Oculist
Raymond Mercer, O.D., Optometrist
Albert Murphy, M.D., Surgeon
Charles T. Reynolds, M.D., Surgeon
George White, M.D., Radiologist

CHAPLAINS

Rabbi David B. Alpert
Reverend Nikos Georges
Reverend Joseph Murphy
Reverend George K. Parker, Jr.
Reverend George Smith

WRENTHAM STATE SCHOOL
Annual Report of the Board of Trustees
1969 - 1970

The Board of Trustees of the Wrentham State School, Wrentham, Massachusetts met at the school on nine occasions during the year: Sept. 29, October 20, November 17, January 19, February 23, March 16, April 27, May 18 and June 5. It was voted to forego meeting on the school grounds in December in order to attend the Massachusetts State Hospital Trustees Association meeting in Boston.

Mrs. Patricia Capron of Foxborough was appointed to the Wrentham Board of Trustees by the Governor, Francis W. Sargent, replacing John F. Sheehan of Wrentham, whose commission had expired.

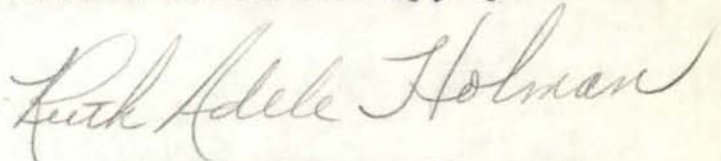
In October of 1969 John E. Mc Carthy of Walpole was elected to serve as chairman of the Board. Mrs. Margeret Delaney of Newton was re-elected as secretary. The following May another election was conducted after Mrs. Capron's appointment. Mr. Mc Carthy was re-elected as chairman and Mrs. Ruth Adele Holman of Walpole was elected secretary.

Each Trustee was assigned a specific number of buildings on the school grounds, continuing a program established several years ago, with the intent of continual building visitations and keeping abreast of the needs and requiremnts of the the trainees and the facilities on the grounds.

During the year the volunteer program was re-assigned and the Board took an active interest in attempting to develop the service into a well rounded, concrete endeavor.

Business during the year involved the discussion of Region V and its service to the area, unitization, new regulations, the medical and dental programs and the NCI Trainee program, as well as the administration of the school.

Respectfully submitted for the Board of Trustees, Wrentham State School, this thirty-firts day of July, nineteen hundred and seventy, by



Ruth Adele Holman, Secretary

To the Trustees of the Wrentham State School

I hereby respectfully submit to you this annual report for the year July 1, 1969 to June 30, 1970. The movement of the population has been as follows:

<u>Males</u>	<u>Females</u>	<u>Total</u>
1029	836	1865

ON BOOKS OF INSTITUTION JUNE 30, 1969

	<u>Males</u>	<u>Females</u>	<u>Total</u>
In Institution	846	673	1516
Absent	<u>183</u>	<u>163</u>	<u>349</u>
Totals	1029	836	1865

ADMISSIONS DURING THE YEAR

	28	12	40
First Admission	25	8	33
Re-Admission	<u>3</u>	<u>4</u>	<u>7</u>
Totals	28	12	40

TOTAL ON BOOKS DURING THE YEAR

1057 848 1905

DISCHARGES DURING THE YEAR

	52	61	113
Discharged Outright	9	7	16
From Absence	29	43	72
Died	<u>14</u>	<u>11</u>	<u>25</u>
Totals	52	61	113

ON BOOKS JUNE 30, 1970

1005 787 1792

In Institution	819	652	1471
Absent	<u>186</u>	<u>135</u>	<u>321</u>
Totals	1005	787	1792

The following table gives the ages of admissions during the year July 1, 1969 to June 30, 1970.

		<u>Males</u>	<u>Females</u>	<u>Total</u>	<u>Males</u>	<u>Females</u>	<u>Total</u>
<u>Under 5 years</u>					2	2	4
Age							
-1	-	-	-	-			
1	-	-	-	-			
2	2	-	-	2			
3	-	1	1	1			
4	-	1	1	1			
<u>5 to 9 years</u>					8	3	11
5	-	-	-	-			
6	2	1	3	3			
7	5	-	5	5			
8	1	1	2	2			
9	-	1	1	1			
<u>10 to 14 years</u>					8	5	13
10	2	-	2	2			
11	3	1	4	4			
12	1	2	3	3			
13	2	1	3	3			
14	-	1	1	1			
<u>15 to 21 years</u>					4	1	5
15	1	-	1	1			
16	1	1	2	2			
17	1	-	1	1			
18	1	-	1	1			
19	-	-	-	-			
<u>20 to 44 years</u>					6	1	7
21	1	-	1	1			
22	1	-	1	1			
27	2	-	2	2			
28	-	1	1	1			
38	1	-	1	1			
44	1	-	1	1			

ANNUAL REPORT

JULY 1, 1969 - JUNE 30, 1970

The following changes were made during the year in the medical staff:

Gabriel J. Rubin, M.D., was appointed Senior Physician July 13, 1969.

Robert H. Trias, M.D., Director of Clinical Psychiatry, resigned November 29, 1969 to accept a position with the new Adult Mental Health Clinic at Glover Memorial Hospital in Needham sponsored by the Norfolk Mental Health Association in partnership with the Department of Mental Health.

Virginia M. Monedjikova, M.D., Senior Psychiatrist, was appointed Director of Clinical Psychiatry to fill the vacancy on March 15, 1970.

Albert Y. C. Moghrabi, M.D., was appointed Assistant Physician December 28, 1969.

Syed Hosain, M.D., was appointed Senior Physician May 24, 1970.

The total population on the books of the Institution at the end of the year was 1792.

There were 40 patients admitted during the year. Thirty-three were first admissions and 7 were re-admissions.

The number discharged was 113. Of these 16 were discharged outright, 72 were discharged from absence, and 25 died in the Institution. Permission for autopsy was granted in 16 cases.

The general health of the patients was good. No epidemics occurred. During the year there was 1 case of Infectious Hepatitis, 1 case of Tuberculosis, 1 case of Scarlet Fever, and 1 case of Lobar Pneumonia reported to the Board of Health.

Professional seminars commenced October 3, 1969 and were held every Tuesday morning until April 28, 1970. These seminars are designed to stimulate interest and keep the professional staff abreast of what is going on in the field of mental retardation.

Administrative Planning and Advisory Committee (APAC) meetings were held throughout the year as well as staff, psychiatric, neuropathological and rehabilitation

conferences. Department Heads convened monthly to facilitate communication between Department Heads and the Appointing Authority. General Orientation sessions for new employees were held on the first Wednesday of each month. Other monthly meetings held were Food Service Council, Safety Committee, Library Committee, Medical Records Committee, Admissions Committee, Pharmacology Committee, Tissue Committee, Preplacement Committee, Transfer Committee, Unitization Committee, and meetings with nursing supervisors.

The out-patient department operated three mornings a week under the direction of Dr. Spencer E. Levin, Chief Physician.

The annual meeting of the active medical and consultation staff of the Wrentham State School was held on June 24th. There was a general discussion for the improvement of the medical and dental services of the Wrentham State School. The agenda also included reports of standing medical committees by the respective medical chairmen and the election of a member from the consultation staff to serve on the Joint Conference Committee.

Among the many meetings attended by the Superintendent during the year were District X of the Northeastern Region of the American Association on Mental Deficiency annual conference at Lake Tarleton Club, Pike, New Hampshire as Chairman-Elect, Region V Superintendents' meetings, and Mental Retardation Council meetings.

Research projects at the Wrentham State School sponsored by Federal Research stipends continue. They are:

1. Amino-acids.
2. Adaptive Behavior and Electroencephalography In Mental Retardates.
3. Hospital Improvement Program (HIP) entitled "Training the Untrainable at the Wrentham State School".
4. Student Work Experience and Training Program (SWEAT).

The usual program of activities, religious services, and education was carried on by our dedicated personnel throughout the year.

Religious services were conducted by full-time Catholic and Protestant, and part-time Jewish and Greek Orthodox chaplains. All trainees were encouraged to fulfill

religious duties. In addition to regularly scheduled services, the chaplains saw all newly admitted trainees, visited the sick, officiated at funerals of trainees who were interred in the State School cemetery, counseled trainees and relatives and held special services on holy days.

The grandparents continue to come to the School daily, Monday through Friday, to help out with small children on a one-to-one basis. This is a Federal Program sponsored through a Boston group of people (ABCD) who are grandparents or of grandparent age.

On September 7, 1969, the long awaited paraplegic bus arrived and was dedicated in due form. Father Joseph Murphy blessed the bus. Representatives Woods and Danovitch attended and spoke briefly. A collation followed. The paraplegic bus will be able to carry up to 15 trainees in their wheel chairs. This was a great moment for the wheel chair ridden trainees of the Wrentham State School. A great deal of the credit for getting the bus should go to John E. McCarthy, Chairman of the Board of Trustees, who spearheaded the drive for funds with a generous assist from the Superintendent's Gift and Research Fund.

On February 2, 1970, the Wrentham State School Professional staff and the Superintendent initiated the orientation program for the trainee-students of the Massachusetts Correctional Institution, Norfolk, who were going to work at the Wrentham State School. This program extended to February 13th at which time the trainee-students came here from Norfolk. A coffee hour was tendered them, where they met the employees and supervisors with whom they would be working. Dr. Meshorer also distributed certificates to them for having passed the Elementary Red Cross First Aid Course.

On April 27th, a new orientation program for the second group of inmates from the Massachusetts Correctional Institution, Norfolk, was started. These trainees will be employed at the Wrentham State School to help our present employees, particularly the women, with heavy lifting.

The employee nursery school is now in operation. This service is available to all full-time employees having children between the ages of 3 to school age. It is located in Room 2 of the Karl V. Quinn School.

The Fourteenth Annual Employees' Honor Night and Dinner Dance was held at Valle's Steak House in Braintree on Tuesday evening, June second. Service pins were presented to employees by Dr. Meshorer, Superintendent, and by members of the Board of Trustees. Inscribed Paul Revere Bowls were presented by Dr. Meshorer to employees who retired during the year. One employee was honored for 45 years of service, 2 employees for 40 years, 1 employee for 25 years, 18 for 20 years, 23 for 15 years, 26 for 10 years and 65 for 5 years of service. Fourteen employees received retirement awards.

Good food, good fun, good friends, made it a perfect evening for everyone. A top-notch professional show business personality was engaged to high-light the entertainment portion of the program and dancing to a popular orchestra was also featured. The committee for this gala Honor Night and Dinner Dance worked very diligently and every effort was made to provide a most pleasant evening of appreciation, recognition, and enjoyment.

Reports of activities of the various departments are presented separately by the Heads of these Departments.

The Superintendent is grateful to all who have served in any way to care for the many needs of the student-trainee-patients of the Wrentham State School and to make life as normal and as happy as possible for them.

Respectfully submitted,

EDWARD MESHORER, M.D.
Superintendent

ANNUAL REPORT TO THE SUPERINTENDENT

The following is a report of the Business Manager's Office for the fiscal year ending June 30, 1970:

FINANCES

Of the \$6,547,010.00 appropriated for 1970, all funds were allotted and \$23,434.03 reverted to the Commonwealth as follows:

01, Permanent Salaries	9,068.97
02, Salaries, Other	12,510.38
03, Services, Non-Employees	8.20
04, Food	441.63
05, Clothing	156.33
06, Housekeeping Supplies	353.46
07, Lab. Med. & General Care	204.74
08, Heat & Other Plant Operations	.26
09, Farm and Grounds	30.01
10, Travel & Automotive Expenses	7.38
11, Advertising & Printing	24.21
12, Maintenance Repairs	190.54
13, Special Expenses	350.34
14, Office & Adm. Expenses	80.00
15, Equipment	3.58
16, Rentals	4.00

In addition to the scheduled appropriations, the following funds were available from other sources:

Federal Grants

5581-9132 (Training the Untrainables	112,531.23
5581-2601 (Instruction-Handicapped Mentally Retarded Student- Trainees)	48,285.48
5581-9153 (Summer Work Experience)	1,105.51

Capital Outlay

5581-9004 Protective Screens, Nurseries	
1 and 2, A and H Buildings	10,000.00
5581-9005 Floors, E, G and F Buildings	15,000.00

MAJOR PROJECTS COMPLETED DURING YEAR BY OUTSIDE CONTRACTORS

1. Installation of an institution-wide paging system.
2. Toilet for Male employees-Laundry.
3. Bathroom Renovations, E.H.S.
4. Porch Screens, Boys' Infirmary
5. Bathroom Renovations, Auditorium.
6. Electrical Repairs, Dairy.
7. Major roof repairs, Karl V. Quinn School.
8. Renovation and Improvements of Sanitary Facility, F Building.
9. Bathroom Renovations, Boys' Infirmary.

CONTRACTS IN PROCESS OF COMPLETION-JUNE 30, 1970

1. Renovation and Improvement of Sanitary Facilities, C Building.
2. Composition Floors, Boys' Infirmary
3. Bathroom Renovations, D Building
4. Roof Fans, Laundry Building
5. New Doors, Auditorium

MAJOR PROJECTS COMPLETED BY WRENTHAM STATE SCHOOL MAINTENANCE STAFF DURING THE YEAR:

1. Canteen completely renovated.
2. Renewal of 400 feet of Steam Line to Farm Area.
3. Completion of two additional rooms in the basement of the Administration Building; one for Security Officers and one for the Treasurer's Office.
4. The following areas were painted:
 1. Exterior of A, B, E, F, Girls' Infirmary, Dr. Lopes' Cottage, Dr. Zemanian's Cottage, Mr. Carchidi's Cottage.
 2. Interior of Canteen, LPN Classroom, F Building, E.H.7, E.H.9 basement, and second floor of Service Building.
 3. All playground equipment and laundry boxes.

FIRES:

On August 14, 1969, at approximately 11:00 a.m. a fire broke out in the attic portion of the Vegetable Storage Building. It was later proven to have been started by a trainee. Approximately 2/3rds of the roof section was destroyed, at an estimated replacement cost of \$3,000.00. Temporary repairs were made to carry us through the winter. Permanent repairs have been scheduled for this summer.

LAUNDRY SERVICES:

The annual laundry production reported on June 30, 1970 is as follows:

Flat work	1,071,935 lbs.
Rough dry	1,826,351 lbs.
Presswork-Trainees	21,308 lbs.
Presswork-Staff	6,744 lbs.
Total	2,936,356 lbs.

This total represents a decrease of 205,719 lbs. from last year's production. The continual drain of working trainees in this area has reached the crisis stage. Positive action has to be taken immediately if we are to continue providing service on the present level. A request has been made for working inmates from the Norfolk Prison Colony, but, to date, none has been available.

FOURTEENTH ANNUAL EMPLOYEES' HONOR NIGHT:

Our Annual Employees' Honor Night was held on June 2, 1970 at Malle's Steak House in Braintree. The entertainer was Lew Bernard and Lou Edard's orchestra provided the music for dancing. Highlight of the evening was the tribute paid to retired employees and active employees with forty and forty-five years of service.

HOUSEKEEPING DEPARTMENT:

New drapes were supplied for the following areas:

- E.H.3, Doctor's suite.
- Service Building, LPN Classroom, Office and Library.
- Campus House, three reception rooms.
- E.H.7, Reception Room
- E.H.5, Reception room and bathroom
- E.H.9, Employees' Lounge

The above drapes plus laundry bags, ticking sheets, dish towels and many other miscellaneous items are being made by a newly hired Institution Domestic Aide. We have

been extremely fortunate to obtain an experienced individual at this grade level (Grade 3). Hopefully, she will remain with us until a more suitable classification is available.

RUBBISH DISPOSAL

Bids were opened on October 30, 1969 to contract for rubbish collection starting on November 16, 1969. This is in line with restrictions placed upon the institution by the Department of Public Health and the Wrentham Fire Department to eliminate burning at the Wrentham State School Dump. At present about 1/3rd of all rubbish is being collected and removed from the grounds. The remainder is collected by our Garage personnel and burned in our incinerator.

MEDICAL RECORDS' DICTATION SERVICE:

An institution-wide telephone dictation system was installed in our Medical Records Office during the month of December 1969. This makes it possible for our staff to dictate any hour of the day or night.

BUSINESS OFFICE:

The retroactive pay raise combined with changes effected by the introduction of a computer system for processing invoice payments has proven to be extremely time-consuming during the past year. Hopefully, the operation will prove to be more efficient in its second year of operation. Again this year, a new accounting system has been introduced this time to provide information needed by the Rate Setting Commission in order to qualify for Medicare and Medicaid reimbursement. Notice was received in mid-June that the system was to be operational on July 1. This was another extremely heavy burden to receive on such short notice at the busiest time of the year.

Respectfully submitted,

SJC/rca

Samuel J. Garchidi
Steward

ANNUAL REPORT - HOSPITAL

July 1, 1969 - June 30, 1970

TOTAL ADMISSIONS: 442

TOTAL DISCHARGES: 443

FRACTURES: 37

SURGICAL CASES: 129

CONSULTATIONS: 394

TISSUE REPORTS: 21

CONSULTANTS	VISITS	CONSULT PTS.	SURGERY PTS.
Ashraf, Dr. Mian (Thoracic Surgeon)	9	52	
Basta, Dr. Nabil (Neuroanatomy)	19	175	
Bender, Dr. Adolph (Podiatrist)	50	369	
Bresnan, Dr. Michael (Neurologist)	8	16	
Chastanet, Dr. Alan (Radiologist)	2	22	
Colman, Dr. Joseph (EKG readings)	12	36	
Cummins, Dr. James (Cardiologist)	5	9	
Czoniczar, Dr. Gabor (EKG readings)	22	77	
Gilles, Dr. Floyd (Neuropathologist)	9	18	
Groden, Dr. Harrold (Gynecologist)	19	132	3
Harris, Dr. Carl (Hematologist)	2	2	
Hill, Dr. William (Dermatologist)	8	36	
Hyfer, Dr. Harry (Anesthesiologist)	1	-	2
Kaplan, Dr. Melvin (Anesthesiologist)	18	-	122
Kent, Dr. Charles (Otolaryngologist)	23	141	2
Kickham, Dr. Charles (Urologist)	3	3	1
Lakeville Orthopedic Surgeons	6	108	
Marron, Dr. James (Ophthalmologist)	28	154	
McCarthy, Dr. Phillip (Surgeon)	2	-	2
McGillicuddy, Mr. Thomas (Ortho. Shoes)	11	204	
Mercer, Dr. Raymond (Optometrist)	33	216	
Murphy, Dr. Albert S. (Surgeon)	4	7	17

(Continued)

<u>CONSULTANTS</u>	<u>VISITS</u>	<u>CONSULT PTS.</u>	<u>SURGERY PTS.</u>
O'Donnell, Mr. James (Audiologist)	9	39	
Rae, Dr. Donald B. (Oral Surgeon)	16	6	99
Reynolds, Dr. Charles (Surgeon)	26	98	20
White, Dr. George (Radiologist)	<u>49</u>	<u>1,802</u>	<u> </u>
<u>TOTALS</u>	394	3,726	129

BREAKDOWN OF OPERATIONS

96 Dental cases

5 Herniorrhaphys (2 left inguinal; 2 right inguinal; 1 umbilical)

4 Nail removals (2 left toes; 1 right toe; 1 left thumb)

2 Cholecystectomys

2 Hydrocelestomys (1 left; 1 right)

2 Varicose vein ligation and strippings (1 left; 1 right)

2 Tonsillectomy and Adenoidectomys

1 Prostatectomy

1 Enucleation (right eye)

1 Eye muscle

1 Pterygium, Bilateral

2 Closed Reductions, Right Mandibular Fracture (1-elastic; 1-wire)

1 Removal of Fracture Bands

1 Open Reduction, Right Mandibular Fracture (with wiring)

1 Ovarian cyst with appendectomy

1 Resuture, Abdominal wound

1 Dilatation and Curettage

1 Sigmoidoscopy

1 Reduction, Fibrous Tuberosity

3 Excisions (1-nevus, left ear; 1-mole on back; 1-papilloma, left lower lip)TOTAL 129

CAUSES OF DEATH

8	Pneumonia
1	Congestive Heart Failure
3	Acute Heart Failure
2	Status Epilepticus
2	Bronchopneumonia, Acute
2	Obstruction, Acute Intestinal
1	Anemia, Severe - due to Carcinoma, Stomach
1	Coronary Thrombosis
1	Coronary Occlusion
1	Peritonitis, Acute
1	Uremia
1	Congenital Heart Disease
<u>1</u>	Asphyxiation
TOTAL	25

Of the twenty-five deaths, permission was granted for fifteen post mortem examinations.

DEATHS AND POST MORTEMS

<u>NAME</u>	<u>DIAGNOSIS</u>	<u>POST</u>	<u>DIAGNOSIS ON POST MORTEM</u>
Rafferty, Kevin	Congestive Heart Failure	No	
Stinson, Joan	Pneumonia, Aspiration	Yes	Aspiration pneumonia (terminal), Bronchopneumonia, acute, bilateral.
Randazza, Nancy	Pneumonia	Yes	Bronchopneumonia, acute, bilateral, severe. Pulmonary emphysema and atelectasis, bilateral. Acute and Chronic pleuritis, bilateral. Pulmonary fibrosis, focal. Acute lymphadenitis. Acute splenitis with splenomegaly.
Wanback, Adele	Severe Anemia due to Carcinoma, Stomach	Yes	Severe anemia, myocardial ischemia and pulmonary edema. G.I. bleeding, 2° to carcinoma of stomach with metastasis to the liver, mesentery, omentum and diaphragm.
Heinrich, Robert	Status Epilepticus	Yes	Status epilepticus (4 days) as a residual of old meningitis (7 years).
Laughlin, Myrtle	Obstruction, Colon	Yes	Gastroenteritis. Severe fibrotic adhesions of recto-sigmoid region with megacolon.
Manning, David	Pneumonia	Yes	Hemorrhagic pancreatitis, severe, acute. Multiple pulmonary thromboses.
Hurst, Elizabeth	Coronary Thrombosis	No	Remains to Tufts Medical School
Branley, James	Status Epilepticus	Yes	Bilateral hemorrhagic pneumonia (viral?). Multiple pleural adhesions to thoracic wall.
Speer, James	Acute Intestinal Obstruction	No	Remains to Tufts Medical School
DiFocco, Russell	Acute Heart Failure	No	
Whenta, Frances	Acute Heart Failure	Yes	Acute heart failure, flabby heart, congestion and marked edema of lung bases. Chronic contracted kidney.

(Continued)

NAME	DIAGNOSIS	POST	DIAGNOSIS ON POST MORTEM
Latino, Karl	Peritonitis, Acute	Yes	Acute gastric ulcers, fundic, multiple, with perforation. 500 cc. gastric content free in peritoneal cavity.
Miranda, Caesar	Uremia	No	
Kelly, William	Coronary Occlusion, Acute	No	
Testi, Anne	Bronchopneumonia, Acute	No	
Bailey, Brooks	Pneumonia	Yes	Congenital Heart Disease confirmed by autopsy.
Shelzi, Angelina	Pneumonia	No	
Morgan, William	Pneumonia	Yes	Bronchopneumonia, acute, hemorrhagic, right upper and lower lobes - confluent consolidation, chronic, left upper and lower lobes.
Brown, Eleanor	Acute Heart Failure	No	Remains to Harvard Medical School
Powers, Jonathan	Congenital Heart Disease	No	
McDermott, Richard	Pneumonia, Aspiration	Yes	Obstruction of larynx, trachea and main bronchi with foreign body (food material). Pulmonary edema. Focal pulmonary hemorrhage, bilaterally. Pneumonia, bilateral.
Fahey, Elizabeth	Epilepsy, Grand Mal Bronchopneumonia, right upper lobe.	No	
Glaser, Philip	Asphyxiation	Yes	Sudden death with tracheal obstruction due to peanut butter; Pulmonary tuberculosis. Aspiration pneumonia, bilateral.
Perlmutter, Elyse	Pneumonia, Lobar	Yes	Lenticular opacity, bilateral. Microglasia. Pneumonia, acute hemorrhagic, lobar, bilateral. Granuloma, multiple, lower lobes, bilateral. Splenitis, acute.

FRACTURE CASES

July 1, 1969 - June 30, 1970

6 Femur (4-left, 2-right)
4 Clavicle (2-left, 2-right)
4 Toe (right 2nd, right 1st, left 4th, left 1st)
3 Radius (1-left, 2-right)
3 Humerus (2-left, 1-right)
3 Fibula (1-left, 2-right)
2 Tibia (1-left, 1-right)
2 Hip (1-left, 1-right)
2 Nasal
1 Olecranon, left
1 ankle, left
1 Trimalleolar, right
1 Skull, occiput
1 Wrist, left 2nd metacarpal
1 Thumb, left
1 Finger, left fourth
1 Mandible, right
1 Rib, sixth

CONSULTANT EXPENDITURES

July 1, 1969 - June 30, 1970

Ashraf, Dr. Mian M.	\$ 400.00
Basta, Dr. Nabil W.	712.50
Bender, Dr. Adolph	956.25
Bresnan, Dr. Michael	320.00
Colman, Dr. Joseph	170.00
Cummins, Dr. James F.	225.00
Czonicsner, Dr. Gabor	410.00
Gilles, Dr. Floyd H.	360.00
Groden, Dr. Harold M.	913.75
Harris, Dr. Carl	130.00
Hill, Dr. William R.	320.00
Kaplan, Dr. Melvin S.	3,331.25
Kent, Dr. Charles	995.00
Kickham, Dr. Charles J. E.	160.00
Marron, Dr. James M.	1,305.00
McCarthy, Dr. Philip	100.00
Mercer, Dr. Raymond D.	675.00
Murphy, Dr. Albert S.	845.00
O'Donnell, Mr. James	187.50
Rae, Dr. Donald B.	2,235.25
Reynolds, Dr. Charles T.	1,788.25
White, Dr. George	3,250.00
Hyfer, Dr. Harry	43.75
Bowman, Dr. Arthur	40.00
Chastanet, Dr. Alan A.	125.00
TOTAL	19,998.50

Respectfully submitted,

Karoly J. Kun

Karoly J. Kun, M. D.
Director of In-Patient Services

KJK:bb

ANNUAL REPORT

July 1, 1969 through June 30, 1970

I hereby respectfully submit my second annual report of the Nursing Service for the fiscal year ending June 30, 1970.

On Nursing, it must be realized, that it is necessary to build into the schedule a much higher degree of flexibility than is needed in other functions because of the extraordinary demands sometimes encountered.

The emphasis has continued on the trainee as an individual; and to provide an opportunity to develop to his fullest, socially, educationally, and psychologically, and to provide and promote the maximum in nursing care. During the past year the Kardex was completed in C Building, Girl's Preplacement, Nurseries 1, 3 and 4, Boy's Infirmary, Farm Dormitories, and Buildings L and K. This brings the Kardex to seventeen (17) Nursing Units; with five units to be completed. The Kardex has stimulated an interest in individualized care by providing a concise history for easy reference for all personnel; and has proven a valuable tool in the teaching of individualized nursing care to nursing personnel.

On January 5, 1970 the nursing service supervisory staff was revised, in accordance with A.A.M.D. recommendations, clearly defining nine divisions of supervision and accountability. This was made possible by the reallocation of eight Matron positions for five graduate nurse supervisors. I certainly thank you for your energetic support in this endeavor. The nine divisions are as follows: Behavioral Modification, Child Development Program I, Child Development Program II, Teen Age Programs, Medical-Surgical, Adult Activation Program, Adult Social Achievement Program, Pre-Placement Activation, Geriatric Social Development. The reorganization was vital in order to provide effective communications, and to assist in bringing to each individual trainee the optimum in care and development.

I have directed that the function of the supervisor extend to include community follow-up of Trainees and community involvement in the nursing problems of the mentally retarded. New employees are being assigned to a division and are being oriented in all

Buildings in the division so as to create a flexibility in staffing and the supervisor is now making out time for said division, thus providing a greater stability in staffing patterns.

I also appreciate your continuing to meet with the nursing supervisors in seminars on principles and concepts of administration and the problems inherent in nursing service. Feedback has been positive and healthy thus another tool is being utilized in making nursing supervisors more effective and also getting our middle management employees involved in decision making.

The Trainee Aid Program under the capable leadership of L.P.N. Supervisor, Helen C. Tero, has clearly demonstrated that severe and profound retardates can, through an individualized structured program be trained to do menial ward tasks and become a constructive member of the school community. In July 1969 there were twenty-seven (27) female trainees and sixteen (16) male trainees all classified as "severely retarded". These groups of Trainees were "bench-warmers", unproductive and did not "qualify" for any other programs, training in most instances was not even explored.

The female trainees are being trained in the Girl's Infirmary, D Building, and Ewalt Nursery. They are being taught various duties associated with ward work; bed-making, washing beds, feeding infirm patients, sorting, tying, and folding linen. The male trainees are being trained at Boy's Infirmary in light janitorial tasks; washing beds, walls, bathrooms, and feeding and helping dress patients.

From the core group in Girl's Infirmary, the program expanded on November 17, 1969 to Ewalt Nursery. A group of six (6) girls who had some training at Girl's Infirmary were transferred to Ewalt Nursery where they function with minimal supervision.

Further progress in the program can be seen in the case of Mary Peters who has been on the program for two years, and working with minimal supervision, is now attending W.I.W. twice weekly. Social adjustments are also given consideration so that the trainee can become more independent in his or her environmental setting. Social activities during the year included the following trips: Jolly Chelly's, Capron Park,

cook-out at Hidden Rock, Halloween Party at Girl's Infirmary, Christmas Party at Sandy's, sponsored by the Western Electric Company.

As of June 30, 1970, a total of fifty-seven (57) trainees are in the program, supervised by eight (8) enthusiastic and devoted employees. If the program is to grow in the future, the staffing complement must be increased or the program will lose its effectiveness.

The Foster Grandparent Program continues to assist us in giving individual attention and love to ninety (90) children. Presently there are forty-five (45) elderly citizens assigned to Wrentham. The program has not interfered with School policy. In some instances, it has greatly enhanced the team approach where it previously was functioning minimally. I think, without reservation, that all of our trainees in the program have become more alert and responsive. From inactivity to activity, such as talking, walking, playing, emotional response, is the progress noted in various trainees.

It should be noted that each Foster Grandparent at Wrentham State School does more than devote four hours daily to this project. By the time they have travelled the round trip between home and School, each has not only given tremendously of himself, but also has put in a seven (7) hour day. That is really something when one is between sixty and ninety-three years of age.

The Foster Grandparent project has provided a new meaning, a new mission in life for the elderly, while extending to the lonely world of a retarded child; warmth, love and companionship. As one Foster Grandparent stated, "We have a purpose in life again. We are ageless, indefatigable in effect. We have a reward sincere and willing."

Mrs. Jacqueline White, Nursing Supervisor of the Geriatric Social Development division has averaged over one hundred (100) visits each month to trainees she has placed in Nursing Homes. In the past year she has discharged fifty-six (56) and placed sixty-two (62) trainees in nursing or rest homes. Many factors are taken into consideration before a trainee is eligible for the placement program. Occasionally a

trainee is recommended for placement by a member of the medical staff. However, it is Mrs. White's usual practice to go again and again into the building checking the qualifications of the trainee and observing his functional ability in the nursing unit.

At Mrs. White's request the New Bedford Chapter for the retarded started a program in 1969 at one of the homes. Activities included trips, movies, bowling, picnics, barbecues, and a glee club. They also started an occupational therapy department utilizing three full time college students and two part-time students. These students were given a two day orientation at Wrentham State School, arranged and supervised by Mrs. White. Again this year, placed trainees, capable and deserving, attended the New Year's dance and the June Prom. Many trainees have made remarkable progress in functional skills and social adjustment since being placed. They enjoy having the privacy of their own room, television, clothes closet, and a choice of daily activities; in other words, they have responsibility and a more individualized way of life. Under the commendable supervision of Mrs. White, the Nursing Home program has continued to flourish and with more staff assigned many more trainees will be placed and supervised. With Mrs. White acting as a consultant, teacher, and advisor to the placement agency, a strong, healthy liaison of mutual benefit and cooperation now exists between the School and the placement agencies.

Our Community Mental Health Nursing Advisor, Miss Hennessey, made twenty-four (24) home visits; these visits made for the purpose of evaluating the feasibility of a home-training program; the possibility of admission of this child to the Day Care Center; for the emotional support of the mother while awaiting a specific disposition to be made for the care of the child. The Public Health Advisor also researched, developed, and wrote a grant, "A Study of Early Education Programs for Very Young Retarded Children". The proposal has been approved and will be funded by the Kennedy Foundation on August 1, 1970. According to the terms of the Kennedy Foundation Grant, 40% of the Public Health Nurse Advisors' time will be involved directly with the day center grant. She devotes the remainder of her time to the Evaluation Clinic and

involvement with various community groups in alerting them to the immediate and long range needs of young retarded children and their families. Thus, every avenue is being exploited to bring the professional service of the School to the community and provide service to those constituents we are directed to serve. The Public Health Advisor also served as the official representative from Wrentham State School to the local Area Board of Region V of the Department of Mental Health. I would recommend that the Public Health Nursing Advisor position be under the direction and guidance of the Nursing Director and that every consideration be given to the expansion of mental retardation nursing in the community. This is no criticism of the present incumbent whom I am aware performs commendably many diversified duties and assignments.

In an attempt to alleviate the endemic shortage of personnel, provide a unique service to present employees, and to serve as an incentive to mothers with small children on public assistance, the opportunity to be gainfully employed, an Employees' Nursery School was proposed in 1969 and opened on May 4, 1970. The nursery school is under the guidance and supervision of Mrs. Marleen Trudeau, R.N. who energetically assisted in planning and research of the project. The fact that 85% of our employees are females, 47% of whom are within the child bearing age, further illustrates the needs, as well as the potential of the progressive program.

All aspects of the Nursery School were formulated in compliance with the rules and regulations required by the Department of Public Health. The service is offered to all full time employees of Wrentham State School. It functions on a seven day, fifty-two week a year basis and the hours are 6:45 A.M. to 4:30 P.M. The applicant must comply with the requirements which in part includes a physical examination and a birth certificate.

The fee is 10% of gross salary for a five day week and is appropriately prorated to those employees availing themselves of this service for less than five days. Payment is made on a weekly basis at the Treasurer's Office.

At the nursery School the program attempts to achieve an atmosphere that is

relaxed and casual and also provides for periods of creative, quiet, and active play. To date many field trips have been enjoyed by the children.

The Employee Nursery School is currently staffed by two Attendant Nurses who were carefully chosen for this position. They are both high school graduates and successfully completed a Standard First Aid Course.

The initial enrollment consisted of four children and on June 30th there were seven children in attendance. The parents of these children represent five different position classifications.

On January 30, 1970 your vision of a work release, training program with Norfolk Prison became a reality; the Norfolk Prison-Wrentham State School Co-Op Program was operational, the first class of twelve inmates commenced orientation. Recognizing the extreme shortage of male help at Wrentham and at other mental health facilities, the purpose and objectives of the program was to train inmates of the penal institution in attendant nurse duties and to those qualified to offer employment upon release from prison. This program has proven that a vitally needed service is being rendered to the School and the program is providing to the men an avenue to become useful, productive citizens and to enjoy the human dignity, when earned, to which all human beings are entitled.

To date, twenty-four (24) men have been given a concentrated two week, multi-discipline orientation in mental retardation, including a Standard American Red Cross First Aid course. Ten "Aides in Training", as the men are called, report to the Boy's Infirmary Sunday through Thursday for a seven hour day on the job training. This quota is maintained by utilizing the men who have completed the two week orientation.

Present plans for the program include: a seven day training week, simulated to employees' work week with two days off, the writing of a grant under the auspices of the Division of Employment Security so that the training aides can be paid a twenty dollar (\$20.00) a week stipend. Presently they are paid fifty cents (\$.50) a day by the Department of Correction. The expansion of training areas into other disciplines

at School according to the aptitude of the inmates, and another orientation class in the Fall.

This program has proven beyond our fondest hopes a tremendous asset to the Nursing Service and I express my sincere thanks to all who have contributed to its planning, the orientation, and the positive verbalization and the acceptance of the Aides at Wrentham. It is in essence, truly, rehabilitation in its ultimate in action.

Involvement of the H.I.P. Staff during this past year has been varied. All trainees were re-evaluated during the months of July and August 1969. This included evaluation of the trainees in the Nursery areas. Individual reports were done on each Nursery and submitted to the Supervisors of the areas as well as a copy to Mrs. Sawyer. Areas covered in the evaluations were the basic self-help skills, as well as some of the social development phases. To date three hundred and thirteen (313) trainees have been involved in our program.

On September 16, 1969 our project was presented at the annual Region Ten Conference of the American Association on Mental Deficiency. Two papers were presented, one entitled "Training the Untrainable at Wrentham State School", the other entitled "An Attendant Speaks Out". Both papers appeared to be well received.

Following this, a study was undertaken regarding trainees within the complex that could be transferred to other units. Due to the closing of "M" Building, changes had to be made within the complex. Of the one hundred and eighty-six (186) trainees residing in Buildings A, K, and E, it was found that thirty-five (35) trainees could be transferred to other areas. Plans were submitted and on February 4, 1970 the major move was completed. One hundred (100) trainees from Buildings K and E (3 of which were absent) were transferred to A Building. Sixteen (16) female trainees remained in E Building and thirty-five (35) trainees were transferred from A to E Building. This changed E Building to an all female area. Thirty-five (35) male and female trainees were transferred to other buildings throughout the grounds. This transfer has caused many minor problems throughout the complex. Staff was and some

still are disgruntled about changes in assignments and the trainees themselves have had a difficult time adjusting to a new environment.

E Building showed the most confusion, with profoundly retarded trainees on the first floor and the brighter trainees on the second floor. The first floor was overcrowded and with many hyperactive, assaultive, self-abusive partially trained trainees. It was poorly staffed and regression was occurring. It was decided to utilize the former preplacement cottage and set up a unit for twelve of the more efficient girls, gearing this program to a pre-placement setting. On June 30, 1970 this area was opened. A Building was also over-crowded with the more difficult male trainees and Dr. Meshorer directed the census to be lowered in this area. On June 30 and July 1, 1970, fifteen (15) trainees were transferred to other male units on the grounds. Of the fifteen (15) transferred, one has returned to the unit and two trainees were received from the hospital. Our census at the present time in this area is eighty-two (82), and the area has been divided into three units, as follows:

Unit One - top floor, census 30

Unit Two - middle floor, census 30

Unit Three - basement area - census 22

Programs are being developed in each unit, geared to the individual need of the trainee. Emphasis is being placed on the basic self-help skills, training the basic social skills and follow through with coordination skills. Some training is being given in minor vocational training.

The staffing in all areas is improved, but could still be better. E Building is now stabilizing and regression appears to have subsided. A program is now under way under the direction of Mrs. Thornhill, in an intensive self-help training project for those who need this, and a modified program for the balance of the trainees.

The employee turnover rate continues primarily in the Attendant Nurse position. The past fiscal year we employed one hundred and eighty-eight (188) and two hundred and twenty-eight (228) resigned and/or were terminated. This is twenty-eight (28) fewer

resignations than in fiscal 1969, which I consider a noticeable improvement and a constructive trend. In exit interview some of the most frequent reasons given were: did not have the aptitude for this type of work, poor pay, no baby sitter, cannot work hours required, days off conflicted with family or social obligations, pregnancy, further education, moving, and the work too strenuous. (See Appendix A for a complete breakdown of terminations in the Attendant Nurse positions).

I recognize that the loss of trained, experienced employees also directly affects the quality of patient care; has a direct effect on employee morale, use and abuse of supplies, wear and tear on equipment, and an increase in accidents and injuries. Despite our high illness and turn-over rate, morale in the department is high in most areas and I recognize and admire the zeal, dedication, and loyalty of the majority of the nursing personnel.

In our professional staff we employed eleven (11) Registered Nurses and twenty (20) Licensed Practical Nurses. Lost by resignations for variable reasons were five (5) Registered Nurses and seventeen (17) Licensed Practical Nurses. Thus, again in fiscal 1970 we showed a positive trend in our professional staff.

Our daily illness rate continues to fluctuate between thirty (30) to thirty-five (35) personnel out daily this past year. This represents nearly two staff members out daily in each nursing unit, and when one considers vacations, holidays, and days off, our trainee-staff ration remains very high. We have shown a slight improvement over the previous year but it is essential in providing optimal care that we continue every effort in the reduction of this figure.

Again this year Christmas gifts given to the trainees were plentiful and individualized to the trainees developmental ability and desires. The untiring efforts of Mr. Carchidi and Miss Jefferson must be acknowledged for their excellent cooperation. Thanks must also be given to our Volunteer Department, community groups for their contributions, and parties, in making the holidays a very busy and happy time for our trainees.

I regret to say that the planned Behavioral Modification Unit did not become a reality this past year. We have demonstrated in E-2, where twenty-two (22) female retardates with behavioral problems were placed, that the trainees did respond to a consistent, structured environment. This unit is vitally needed so that behavioral problems can be completely analyzed and programs of care set up on an individual basis. I believe it is wrong to send trainees back and forth to a psychiatric hospital and never arrive at a program of intervention that will alter behavior into constructive channels.

Silent fire drills continue to be held in all nursing units monthly and all new employees are oriented to the procedures and their role in case of an emergency. Emphasis is placed on prevention, good housekeeping, and sound safety principles. Your disaster plan has proven functional and all nursing personnel review this plan periodically and stand ready to respond should the need arise. I am concerned about the increased number of industrial accidents and do look forward to a more concentrated safety program in the future. I would also recommend "live" fire drills periodically.

Strong, continuous inservice education helps personnel continue to grow at their jobs -- helps them to be better. By applying that bit of philosophy to inservice we have achieved some fairly impressive results. Our In-Service Education Service, under the capable direction of Mrs. Natalie Twardzicki, has continued staff development including Standard and Advanced First Aid Training. These courses have prepared our personnel to greater efficiency in dealing with medical emergencies and the promotion of an environment of safety consciousness. Other classes conducted through the year were: "Introduction to Mental Retardation", "Health Education", "Nature and Needs of Mental Retardation", and "Rehab. Nursing".

The Rehab Nursing team has presented to four levels of employees: Nursing Supervisors, Head Nurses, Licensed Practical Nurses, and Charge Nurses. The curriculum is being revamped to present a philosophy of care to new attendants in orientation,

and those who are presently employed. With the increased services from the Physical Therapy Department, the preparation of the trainees and the carry through by the Nursing Staff is essential.

The class in Health Education was fairly successful. The curriculum will be altered somewhat with a change in emphasis on current health and social problems. The class, however, responded well to the idea of their participation in outside reading and research. I believe personal growth was achieved by some members and would hope that an increased awareness of their own health may be correlated to the trainees in their care.

The class in Mental Retardation which Mrs. Twardzicki held on the 3 - 11 shift was extremely successful. She used Adult Education approach with much group participation. The class went on a field trip to Medfield State Hospital. I feel it is essential that those employees who work on the afternoon and night tours of duty be included in future educational programs.

Orientation of new employees changed in March from two weeks to three weeks at the suggestion of the staff teaching First Aid and other courses. Their "case load" at the time was such that the necessity of teaching each day was a burden.

In view of the fact that over a hundred employees were oriented on a one-day basis in the past year and were not taught basic nursing skills in the classroom, we plan to have on-going classes scheduled monthly in order to ensure that they receive these skills. In the past it has been the responsibility of nursing supervision to teach in the clinical area any skill which the employee was expected to perform within his position specification, which was not taught in orientation.

Mr. Philip Hoyle, R.N. worked part-time in the Nursing Education Department from July 1969 to May 1970 and his contribution was enthusiastic and greatly appreciated.

The L.P.N.'s also contributed to the orientation by teaching First Aid and Basic Nursing Skills, and also planned and presented the day for students of practical nursing from various schools. They were creative, ambitious, and anxious to be a part

of the educational process. A meeting is planned for the Fall of 1970 when they will get together and express their needs for education as well as their problems in offering better service to the trainees. This is a core group who must continue to be challenged.

Our In-Service Department continues two day affiliations with Deaconess Hospital School of Nursing and Children's Hospital. One day affiliations are also held with the Peabody, Quincy Vocational, and Pondville Hospital Schools of Practical Nursing.

The continuing success with students from these schools can be attributed to many people. Clinical case studies were presented by John Mulligan, M.D. to the students from the diploma schools of nursing for four visits last year, and each group found his presentation informative and helpful in the study of mental retardation. His clinical knowledge, accompanied by his great empathy for the trainees is a credit to Wrentham State School.

The Public Health Nurses of Sharon, Walpole, Foxboro, and Franklin met with our In-Service personnel five times during the past year. This bond clearly demonstrates the value of the resources of the residential facility in its clinical specialty, Mental Retardation, and also affords our professional nursing staff another avenue of working in the community.

Under the guidance and supervision of the In-Service staff the following committees continued an active role and made essential contributions to the Nursing Service: Building Leadership Committee, Committee for Guidelines for Standards - R. N., Medication Committee, and the Procedure Committee. In addition, a regularly scheduled film program was presented by the Education Department.

The education staff spent many hours with employees seeking information and literature for furthering their education, in encouraging those already enrolled in degree or diploma programs, and assisting students in nearby colleges with project material and audio-visual aides. These colleges include Dean Junior College, Massasoit Community College, Bristol Community College, Bridgewater State College, and Rhode

Island College.

I again urge for your consideration that Nursing Service become actively involved in a Pharmacology Committee which would include a Pharmacist, a member of the Medical Staff, the Director of Nursing, and/or his representative from the Medication Committee. Membership on this committee would increase our knowledge, and enable us to give better care to our trainees on drugs. Another advantage of this committee would be the development of stronger interpersonal relationships between closely allied professional disciplines.

In reporting the work and contributions of the Nursing Education Department for the past year I have highlighted those areas of concern. When one recognizes this department is grossly concerned and responsible for the In-Service Education of five hundred and sixty-five (565) employees of whom five hundred and thirty-seven (537) are responsible for the direct care of our trainees, I urge that you make every endeavor, in your budget requests, for an Assistant Director of Nursing Education and a Nursing Instructor. These positions were terminated with the curtailment of our In-Service Education Grant in June of 1968 and never picked up by the Commonwealth.

This past year saw nine of our Attendant Nurses accepted under Traineeship to the School of Practical Nursing at Foxborough State Hospital; and two employees approved for full time educational leave to attend Associate Degree in Nursing at a Junior College. Many of our professional nurses continue to take courses on a part-time basis at local colleges and universities. These programs represent an investment in time and money to Wrentham; however, it will provide the necessary professional staff to meet the needs of our trainees now and in the near future. Advanced educational programs such as these affords those employees with the initiative and academic ability, upward social mobility which would otherwise be financially impossible, and to the trainee the comprehensive theory and skills of the professional nurse so urgently needed in the care of the mentally retarded.

An area of increasing concern to Directors of Nursing is that of labor relations.

Most nurses have had no training to prepare them to deal with labor relation problems. With the signing of a contract with the A.F.L. - C.I.O. official bargaining agent at Wrentham and the M.N.A. for professional nurses we must have implemented training programs to assist the supervisory staff in developing an awareness of and skill in documentation of disciplinary action, a more thorough and critical evaluation of employee performance, a more comprehensive understanding of the needs for job descriptions and job evaluations, and a deeper understanding of the need for fair and impartial treatment of all employees.

Administratively, your Director has participated in many meetings such as bi-monthly meetings of Building Charges, A.M. report with Supervisors, APAC, CAST, Department Heads, Director of Nurses, Food Meetings, Transfer Committee, and Promotion Board, just to mention a few. Meetings are essential for good communication, but whenever possible, must be utilized for staff development by promoting educational discussions.

Under the supervision of the Raymond Hospital physicians, all employees entering the Nursing Service were given a comprehensive physical examination. Follow-up in all medical idiosyncrasies detected was done to insure full medical protection for our employees and trainees.

We continued an active Tuberculosis detection program amongst the trainees, all being Mantoux tested with all positives x-rayed.

The institution of electric toothbrushes and toothpaste in Ewalt Nursery - Ward 3, and in Ward 5 of Girl's Infirmary has proven most successful and therapeutic. The new policy of having routine dental examinations being done in the residential area has proven more advantageous to all concerned for the following reasons:

1. Building facilities adequate for routine examinations.
2. The childrens' teeth may be brushed immediately prior to examinations.

3. Staff within the area can be utilized for aiding in the examination (the present opportunity for on-the-job teaching, stressing the importance of proper dental care).
4. The children do not have to be transported to a new and strange, somewhat threatening environment, thus lessening their apprehension and making them more amenable to treatment.
5. Eliminates transportation time by Attendants and drivers.
6. Affords better communication between dental and nursing personnel and, from an overall Nursing Service point of view, has proven most economical, expedient, and therapeutic for the trainees.

Miss Alice Steukes, R.N., Assistant Chief Nursing Supervisor, Department of Mental Health conducted a series of seminars on Interpersonal Theories to the nursing supervisors. She originally planned to give ten seminars; however, due to personal family illness she could only give six. Miss Steukes does plan to continue in the Fall. These seminars have proven a valuable stimulus to the supervisors and has assisted in providing a more cohesive group and more effective and efficient supervision.

The goals for next year are:

1. Set up dayrooms or playrooms in Boy's Infirmary and D Building.
 - A. More heavy duty play equipment.
2. Set up a Geriatric Program in D Building - male and female trainees with emphasis on nursing home preparation and placement.
3. Set up a short term Behavioral Modification Unit.
4. Lower census in Boy's Infirmary and Girl's Infirmary.
5. Plumbing renovations in B - D - G - Boy's Infirmary - M and the Nurseries.
 - A. Continue implementation of living room furniture and furnishings in all resident areas -- humanization.

6. Completion of Kardex System.
7. Complete Ewalt Nursery Playground.
8. Utilization of Likes and Interest Personality Test as a measure of determining aptitude for employment in the Nursing Department.
9. Establish a safety program.
10. Expansion of the Nurse's role in the community.
11. Expansion of the Trainee Aide Program.
12. Improved Dental Care for our trainee.
 - A. Toothpaste in place of tooth powder.
 - B. Mechanical tooth brushes.
 - C. In-Service classes on dental care.
13. Plan and initiate off-duty recreation programs for employees -- utilizing the gym, pool, etc.
14. In-Service Education.
 - A. Continue Red Cross classes.
 - B. Continue Orientation Program.
 - C. Continue Mental Retardation Classes.
 - D. Classes in Supervision.
 - E. Continue Supervisory Seminars (Superintendents).
15. Reduce Absenteeism.
 - A. Better selection of employees.
 - B. Seek rule -- follow up.
 - C. Safety classes.
 - D. Promote Legislative changes.
16. Volunteer Service:
 - A. Set up an active Volunteer Program.
 - B. Classes for volunteers.
 - C. Review needs and duties of volunteers.

17. Review and revise laundry discard and inventory system.
18. Review medication procedure.
 - A. New medicine closets.
 - B. Review adequacy of present locks.
19. Establish a Pharmacy Committee -- with a Nurse as a member.
20. A closer therapeutic working relationship with all members of the "multi-discipline team" so as to promote the maximum growth and development in each individual trainee.
21. Grants:
 - A. Write Hospital Improvement Grant.
 - B. Write Norfolk/Wrentham Co-Op Program Grant.
22. Consistent review and analysis of our goals throughout the year.


I would like to express my sincere thanks to my two capable assistants, Mrs. Kathleen Sawyer and Mrs. Natalie Twardzicki, and all other members of the Nursing Staff, to the Medical Staff, and all my co-department heads for their cooperation, guidance, and assistance rendered during the past year. To coordinate the functions of the Department of Nursing Service with the functions of all other departments and services of the School requires the attention and effort of the entire Nursing Department. However, in the last analysis, it still remains the major responsibility of the Director of Nursing to lay the groundwork for it and to create the climate in which coordination and cooperation will be possible. With your superb leadership and guidance we shall continue our endeavors to cooperate with all disciplines in developing improved programs and training for the mentally retarded at Wrentham State School and in the community. In the final analysis, we all have a common constant job in building an awareness in all personnel that there is only one person the School exists for -- THE TRAINEE.

Epilogue:

In the multiplicity of daily activities, it is easy to lose sight of a destination,

and it is also easy to get the feeling that progress has come to a standstill. At such times it is good to have a yardstick against which accomplishments can be measured and the writing of this annual report has provided such a yardstick. Often progress that is imperceptible when viewed day by day may be very tangible when looked over for the past fiscal year.

Respectfully submitted,


William H. Cummings, R. N.,
Director of Nursing

Appendix A

ATTENDANT NURSE POSITIONS - REASONS FOR TERMINATION OF EMPLOYMENT

	July '69	Aug. '69	Sept. '69	Oct. '69	Nov. '69	Dec. '69	Jan. '70	Feb. '70	Mar. '70	Apr. '70	May '70	June '70	Totals
Return to School		23	14		1	6	3		8		3	1	59
Illness or Surgery	5		4		6	6	2		5		3	1	32
Family or Personal Problems	1	4	1	1	2		2	3	1	3		1	19
Moving out of Area	1	1	1	2	2	2		4	1	1	1	2	18
Unable to Adapt	1	2		2		3	2	2	2	1			15
Better Job			4		2	3	1				3	1	14
Terminated--Absent	1	1		1	1	1			1		2	3	11
Terminated--Unsuited	3		1							1			5
Transfer--Other Department			1		5		1				1		8
Transfer--Other Facility				1	1					1	2	1	6
Pregnancy	1		1		1	2	1				2		8
Abandoned Position						2			1	2	2		7
Retired	1	1		1	1	1	2						7
Dissatisfied with W.S.S.		1					1		1		1		4
Stay Home						1	1					2	4
I.P.R. Problems							1	1					2
Marriage						1	1						2
Military					1						1		2
No transportation		1										1	2
Refused Assignment					1				1				2
Children Out of School	1												1
Totals	15	34	27	8	24	28	18	10	21	9	21	13	228

PROFESSIONAL STAFF

Resigned

New Employees

R.N.'s

L.P.N.'s

R.N.'s

L.P.N.'s

6

17

11

20

Moving
Health 1
Retired
Transfers 3
Poor adjust. 2
Better Job 3
Pregnancy

PROMOTIONS

Att. - Chg.

Att. - L.P.N.

G.N. - R.N.

H.N. - Super.

2

4

5

3

4

5

8

Att. - Occ.T.

1